

Exmouth Food Bank November and December 2021 News



November statistics

During November we provided 185 parcels which fed 321 people. We are starting to see a month on month increase in the number of clients that need our help. Demand in December has been high and to date we are providing food for over 100 people a week.

Winter pressures on households, compounded by increases in the cost of food and utility bills, have come to the attention of ITV West Country who came to film the Food Bank in action on Tuesday 14 December. The piece may air on ITV just after 6.00 p.m. on Monday 20 December.

Christmas parcels

We are planning to add a bit of extra festive cheer to our clients in the run up to Christmas and have been making up some seasonal 'goodie bags' to be handed out along with the regular food bank parcels.

The Christmas parcels contain seasonal treats such as trifle mix, crackers, Christmas biscuits and chocolates. In addition, due to the incredible support provided by Open Door Exmouth, each bag will contain special 'Love Your Neighbour' gift vouchers which will enable every recipient to enjoy a hot meal and warm welcome at Open Door's Community Café. The vouchers are valid until October 2022.

We hope that this 'little something extra' will bring some joy and happiness to people who are struggling at this time of year.



Christmas Opening Times

As a reminder, during the festive period the Food Bank will be open to clients on the following days:

- **Tuesday 21 December** between 1:30 and 3:00
- **Thursday 23 December** between 1:30 and 3:00
- **Thursday 30 December** between 1:30 and 3:00

Season's Greetings and a Happy New Year

We wish all of our clients and supporters, all the best for Christmas and a Happy New Year. We continue to be amazed and inspired by the incredible generosity of the people and businesses in and around Exmouth; over 1,500 items have been donated this Christmas! We simply could not operate the Food Bank without your continued support, we thank you all and send you our best wishes for the festive season.