Exmouth Food Bank May 2022 News



This month

We hope you are all looking forward to a lovely Jubilee weekend.

To celebrate and to make it a bit more special for our clients, we handed out Platinum Jubilee gift bags containing a cream tea with fresh scones, jam and spread plus some cake and a punnet of strawberries.

These were very well received by all 😂



Current volumes

We have just finalised our numbers for May and this month we supplied 226 parcels to feed 442 people. The number of people we are feeding fell slightly in May when compared to April although we saw a 10% increase in the number of single people seeking support. We are finding that single people often fall through the net when accessing social services and housing and many are at crisis point by the time they reach out to the Food Bank. We are fortunate that, due to our strong partnerships with agencies such as Citizens Advice and Open Door, we are able to signpost them to a way forward.



Reuse, Reduce, Recycle

We are trying to cut down on the number of bags we supply at the Food Bank and ask all of our clients to return and/or reuse them wherever possible. We are also trying out some eco-bags that are biodegradable to see if they would be a good alternative for us.

If anyone has spare bags for life or carriers, we are always grateful to receive them during our hall opening hours.

Ukraine

We are starting to receive some Ukrainian families at the Food Bank and are helping them with food as they get settled in the UK. This is obviously a very stressful and unsettling time for them so we are doing all we can to help supply them with the food they need.

Our help for the Afghan refugees is ongoing. Some have now moved out of the area to permanent homes while others, coordinated by Sea Change in Budleigh, are just being welcomed into the area.





Allotment produce

We are delighted to be supported again this year by the Woodbury allotment gardeners who have joined with members of Lympstone allotment to donate their extra produce to us to distribute. Our thanks go out to all of these generous, green-fingered friends, and we hope that 2022 is a great growing season for them